

# Maine EMS Pandemic Response Phase 2

## Physician Quick Sheet



Phase 2 allows EMS clinicians to **not** transport carefully selected, well-appearing patients *after* consultation with **On-line Medical Control (OLMC)** during the COVID-19 pandemic.

Please review the protocol in its entirety as this protocol is a significant change from normal operations; close oversight from OLMC is critical.

To be considered by EMS for non-transport, patient must meet the following criteria:

- EMS completes screening evaluation for severe disease,
  - if negative, then
    - EMS completes the Pandemic Medical Early Warning System Score (PMEWS) for those 16 years and older,
      - if PMEWS < 5 (or patient < 16 years old), then
        - EMS considers PMHx and whether appropriate support exists for home care.

Pandemic Medical Early Warning System (PMEWS) Score							
Score	3	2	1	0	1	2	3
RR	<8			9-18	19-25	26-29	>30
O2 Sat	<89	90-93	94-95	>95			
Pulse	<40	41-50		51-100	101-110	111-129	>130
SBP	< 70	71-90	91-100	>100			
Temp		<35	35.1-36	36.1-37.9	38-38.9	> 39	
Neuro				Alert	Confused Agitated	Responsive to Voice	Responsive to Pain

Challen K et al. BMCHealth ServicesResearch 2007, 7:33

If all of the above conditions are met, EMS will contact OLMC and discuss whether non-transport is appropriate for the patient.

**OLMC** makes final decision regarding transport or non-transport.

If non-transport is selected, please remind EMS to:

- Leave home care instructions (located in their protocol)
- Leave surgical masks, if available.
- Establish a follow-up plan. There are at least four options for follow-up:
  - EMS follow-up with patient by phone
  - PCP follow-up with patient (EMS provider should initiate from scene if this option is chosen, i.e. EMS contact PCP to arrange follow-up)
  - ED or OLMC follow-up with patient (refer to your ED or hospital follow-up process)
  - Public health resources, if available



Protocols can be found at:  
<https://www.maine.gov/ems/protocols-resources/coronavirus>

